



Surgery Newsletter 2015 No.3



Welcome to the third newsletter of 2015. This is produced in partnership with the Surgery and the Patient Participation Group.

Annual General Meeting:

Our AGM held in May was once again well-supported and provided an opportunity for patients to hear about the work of the group in supporting the excellent services provided by the surgery. The Chair, Bob Barden, outlined how the PPG had made a difference during the year. He outlined the reciprocated partnership between the PPG and the surgery - a relationship which has enabled the PPG to become an exemplar for other practices locally and nationally.

The following were elected at the meeting:

Officers: Bob Barden (Chair), Alan Hardwick (Secretary) Judith Skitt (Treasurer)

Committee: Christine Osborne, Phil Skitt, Chris Moon-Willems, Patsy Newton, Lucy Toghill,

(Eric Bridger, Ian Leedham and Sue Pickering were subsequently co-opted on to the Committee at the next meeting.)

The business meeting was followed by an interesting talk from Jon Akehurst, the surgery's Paramedic Practitioner, about his background, qualifications and his role at the surgery. A very welcome addition to the staff.

Therapeutic and Social Groups:

We are currently hoping to establish both a regular Reading Group for patients and as well opportunities to attend craft, art, card-making, flower arranging demonstrations in a social context. If you are interested in any aspect of these initiatives please contact our Secretary, Alan Hardwick, in the first instance. We are hoping to launch these on a Thursday from September onwards.

St Lawrence Singers:

Our Singing Group continues to flourish and scheduled meeting dates are displayed on our web-site. Mrs Sue Pickering co-ordinates this group.

St Lawrence Strollers:

Our regular Tuesday Walking Group, St Lawrence Strollers, has become an independent group affiliated to Worthing Healthy Walkers. Full details can be accessed on our web-site. You can turn-up at the surgery on any Tuesday morning @ 9.45am to meet and join the group. Mr Ian Leedham is the co-ordinator.

Your comments:

We hope you enjoy reading our newsletter but if you have any comments about its contents or other things you would like included then please contact Jo Wadey (Practice Manager) at jowadey@nhs.net or Alan Hardwick (PPG Committee) at alan.hardwick26@icloud.com
Thanks for your support

Follow us on Facebook:

The St Lawrence Surgery Facebook Group Page is open only for patients of the surgery. We hope it will become useful for patients to know what is happening and to leave any comments. So if you are a patient and want to become a member then find us at <https://www.facebook.com/groups/StLawrenceSurgery/> (Please note that approval will only take place when the office staff have time.)

****New** MIAMI clinics**

From 1st July 2015, if all of our 'on the day' urgent appointments are fully booked, our reception team may offer you an appointment at our new MIAMI clinic.

The **MIAMI (Minor Injury Assessment & Minor Illnesses) clinic** is a new service being launched by 19 local GP practices across Adur and Worthing.

At the MIAMI clinic you will be seen by a GP, nurse, or paramedic practitioner, who – with your consent – will have access to your medical record.

The clinics will be available weekdays from 8am to 8pm for urgent appointments, for 'one-off' health issues or problems (not for long-term condition support and management).

There will also be pre-bookable appointments for family planning, sexual health, smears and chronic disease management at the weekend from 10am to 2pm.

You will only be able to access these appointments via your practice, so please call us first.

We hope that the MIAMI clinics will help to improve access to doctors and nurses for our patients, and reduce waiting times.

****New** Children's Walk In service**

In addition to the pre-bookable clinics, we have also launched a new children's walk in service at the MIAMI clinic.

If your child (up to 18) is unwell, you can visit the MIAMI clinic at Durrington Health Centre from 4pm to 7.30pm Monday to Friday for help, advice and treatment.

Durrington Health Centre, Durrington Lane, Worthing, BN13 2RX

The MIAMI Children's Walk In service is not intended to treat long term conditions (e.g. asthma, diabetes) or serious medical conditions.

The types of conditions the clinics can see are:

- Sore throat
- Ear ache
- Vomiting
- Persistent diarrhoea
- Stings, bites or allergies,
- Sprains and strains

Your child should see their own GP for on-going problems.

The MIAMI Children's Walk In service is **not** intended to be a substitute for an A&E department.

Dial 999 or go to the nearest A&E if your child has:

- Severe shortness of breath
- Severe cuts
- Severe burns
- Head injuries with a loss of consciousness
- Severe and unusual headache
- Seizures
- Bleeding that does not stop
- A rash that does not fade
- Threat of suicide
- Drug overdose
- Poisoning
- Life-threatening injuries
- Severe allergic reactions

If you do visit the MIAMI Walk In service, the team will inform your normal GP surgery of any treatment your child has received.
