



## St Lawrence Surgery Newsletter 2017 No.3

Produced in partnership with the Surgery and the Patient Participation Group.



### FAMILY FUN TIME – SATURDAY 15th JULY

Everyone is welcome to come and enjoy some family fun time from 10.30am to 1.00pm  
Free Admission – Refreshments Available

Come and meet Belle and a Power Ranger.  
Participate in some games (including hook a duck, tombola, lucky dip, connect 4 and a bouncy castle) and some sensory play.

Fire Engine – (Subject to availability)

If you can donate children prizes or refreshments please contact  
Debbie Collier, Practice Care Co-Ordinator.

### Staff Update

Congratulations to Nurse Natalie who gave birth to twin girls on Monday 26<sup>th</sup> June. Mum and babies are doing well.

Dr Simon Helyar will finish his GP training in August and has agreed to stay at the practice on a temporary basis. Thank you Simon.

### Appointments

Unfortunately, due to unforeseen nursing shortages it was decided at an emergency meeting with the Patient Participation Group that we are currently unable to provide ear syringing services throughout July and August. If you are suffering with a blocked ear please see our self-care leaflet available on the Self Help section of our website or ask at reception.

Due to increasing demand to see a GP we have adapted our appointment system so that patients who we believe require an appointment will always be seen on the day. We have ensured there are still pre-bookable appointments, and routine appointments that are to be released on the day at 8.00am. You will be asked for a reason for your appointment as we have 3 fully qualified paramedic practitioners and 2 nurse prescribers who might be best suited to help with your ailment.

### Meningitis ACWY

Patients born on or after 1<sup>st</sup> September 1996 up to their 25th birthday are eligible for the Meningitis ACWY vaccine. We highly recommend those going to university to get vaccinated.

We are holding clinics on Monday 31<sup>st</sup> July and Monday 11<sup>th</sup> September in the afternoons. We will still be able to vaccinate you if you are unable to attend these clinics. Please book your appointment.

## Future Events

### Carers Support

Carers Support West Sussex and Carers UK are coming to the surgery on Tuesday 8<sup>th</sup> August at 6.00 pm. All patients welcome, please contact reception to add your name to the list.

### The Future of General Practice

The Patient Participation Group would like to invite you to attend a conference about the future of general practice in September. Details of date etc. will be published closer to the time.

### **CRP Machine**

The Patient Participation Group would like your help to fundraise the purchase of a CRP machine which will help the doctor, nurse or paramedic to instantly identify if a patient has an infection, in particular sepsis or pneumonia.

Usually to identify sepsis or pneumonia a patient would need a blood test which could take a couple of days, however, this machine will provide an instant reading of someone's CRP levels with a finger prick.

### **Annual General Meeting 2017**

Our AGM was held on Tuesday 23<sup>rd</sup> May in the Education Room.

The following Officers and Committee members were elected to serve on the committee:

**Chairman:** Chris Moon-Willems   **Treasurer:** Judith Skitt   **Secretary:** Claire Tennent  
**Committee:** Phil Skitt, Patsy Newton, Sue Pickering, Eric Bridger, Lindsay Butterfield, Sheila Gough and Hilary Stoner.  
**Independent Examiner of Accounts and Charity Commission Liaison:** Mr Tony Ede

The Chairman gave her report and particularly thanked Bob Barden for his many years' service to the PPG.

Following the conclusion of the formal meeting, Dr Bob Dissanayake, Consultant Cardiologist gave a very interesting talk with many questions being asked by those that attended.

Refreshments were served at the end of the meeting - our thanks to all those who attended.

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If you are hard of hearing and wear a hearing aid, please remember we have an induction loop at reception and a portable device that our health care team can use. Please ask for this if you would find this helpful.  
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We hope you enjoy reading our newsletter but if you have any comments about its contents or useful medical resources that you would like to share with other patients then please contact Jo Wadey (Practice Manager) at [jowadey@nhs.net](mailto:jowadey@nhs.net) or Alan Hardwick (Editor) at [alan.hardwick@stlawrencesurgery.com](mailto:alan.hardwick@stlawrencesurgery.com)

If you would like this in a larger font, then please contact the Editor.

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