

Friends of St Lawrence Surgery (PPG)

Minutes of the committee meeting held on Tuesday 7th June 2016 starting at 6.30pm.

Apologies: received from Judith Skitt, Phil Skitt, Sue Pickering, Jo Wadey (Practice Manager)

The Chairman explained that the meeting was specifically to discuss the forthcoming health promotion day on 30th June 2016.

The event is to start at 1.00pm and finish at 5.00pm

The Town Crier (Bob Smytherman) will begin announcing the start from 1.00pm

Honorary guests invited will be the Deputy Mayor Councillor Alex Harmen and Councillor Val Turner who is the Council's representative for Health and Wellbeing. They will be given a tour at 2-3.

Debbie Elcome (Practice Care Co-ordinator) showed the excellent leaflets produced promoting the event. Distribution for these will be by PPG members distributing, Pharmacy attaching to prescriptions dispensed also displaying within the surgery. It is hoped to get support from local shops.

Debbie explained the progress made on the individual events so far:

Sussex Steel Drummers will be playing out front between 2.30-3.30

Jump Start Johnny 3.30-4.30

Free health checks carried out by the surgery nurses

Emergency services will be represented by the Fire Brigade with a Fire Engine parked within the car park

Health and well being advice

Support for Children with additional needs

Mind will be represented

Samaritans represented

Reflexology

Action for Deafness

Foresight

Laughing for health 2-3

CPR demonstration 3-4

Eric and Dave to give a short walk (half hour) representing the Strollers 2-3

100 square draw

The Chairman had been in contact with the Old Palace regarding borrowing a marquee. Eric and Dave will collect this using Eric's car.

The Chairman has obtained some collection buckets to be used on the day.

The meeting finished at 7.30pm

Date of the next meetings: Final Planning re. Health Promotion Day –Tuesday, 28 th June 11.15 (all welcome)

Full committee meeting Tuesday 19 th July @ 6.30.p.m.

