



## St Lawrence Surgery Newsletter 2018 No.2

Produced in partnership with the Surgery and the Patient Participation Group.

### **Patient Participation Group Annual General Meeting.**

Our AGM will be held in the Education Room on Tuesday 29<sup>th</sup> May, starting at 6-30pm. After a short business meeting, where we will have the election of Officers and Committee Members, we are delighted to welcome back by popular request, Mr. James Lewis Consultant Orthopaedic Surgeon to talk about the replacement of hips and knees. This will be followed by wine and nibbles.

If you wish to apply to serve on the committee then full details appear on the surgery website <http://stlawrencesurgery-worthing.nhs.uk/ppg-forms/>. All nominations must be returned to reception before the closing deadline on 15<sup>th</sup> May. Please check the terms and conditions prior to applying.

If you would like something included under Any Other Business, then they must also be received by 15<sup>th</sup> May.

We look forward to seeing you at this important and informative meeting.

### **Using Professional Health Experts**

The surgery has been under unprecedented pressure recently due to increasing demand and staff sickness. Your understanding in using one of our expert Paramedics or Nurses, when offered one, will be greatly appreciated.

### **Projects**

The PPG are working with the surgery and NHS England to empower patients by extending access to their medical records.

### **Can we get in touch with you?**

Does the surgery have your latest email and mobile phone number? Don't miss important information, newsletters and appointment reminders etc.

### **Books Wanted**

Books in good condition for our popular bookshelves which help raise money for patient' extras.

### **Volunteers Wanted**

6-8 volunteer patients with a long-term condition, e.g. diabetes, COPD, asthma etc wanted for a one-off lunchtime meeting of 1.5 hours (with free lunch!) to meet with a one of our patients who is working with the University of Surrey on research aimed at helping people cope with their condition/s. The meeting will be used to focus on what patients think is do-able and what needs to be changed to fit in with their needs. Date to be arranged in June/July. Contact Chris On 0750505103955 if interested.

## **Self-Care Leaflets**

Remember to check our helpful list of self-care leaflets that will help you manage a range of common conditions and health problems.

## **Easter Colouring Competition**

Thanks to all that took part in the competition. The winners were:  
Under 5's - Myla Wincell, Over 5's - David Pedder, and Adults - Ben Miller.  
Each won an Easter Egg.

## **Missed Appointments**

Due to the number of patients that are not turning up to their appointments, we are going to have to implement a policy that has been agreed by the Patient Participation Group. If you fail to attend two appointments within six months you will be given a warning letter. If you do not attend a further appointment we will ask you to register at another practice. We are sorry to have to do this, but despite texting to remind patients, we are still experiencing no reduction in the missed appointment figures. We need these valuable appointments for our patients who attend.

## **Date for your Diary**



## **NHS 70<sup>th</sup> Birthday. 5<sup>th</sup> July 2018 from 2:00 pm to 4:30pm**



We shall be holding a Health Promotion Event at the surgery with the usual street doctors and nurses, refreshments, pre-booked health checks etc.

More details will follow using the usual communication channels e.g. Email, Web Site, Notice Boards etc. Book the date in your diary and come along to help us celebrate this special event.



We hope you enjoy reading our newsletter but if you have any comments about its contents or other things you would like included then please contact Jo Wadey (Practice Manager) at [jowadey@nhs.net](mailto:jowadey@nhs.net) or

Alan Hardwick (Editor) at [alan.hardwick@stlawrencesurgery.com](mailto:alan.hardwick@stlawrencesurgery.com)

If you would like this in a larger font, then please contact the editor.

If you are a patient, then find us at <https://www.facebook.com/groups/StLawrenceSurgery>