

# Need help with mental health & wellbeing?



**pathfinder**  
west sussex

FOR BETTER MENTAL WELLBEING

An alliance of organisations working together to enable people with mental health support needs, and their carers, to improve their mental health and wellbeing.

## LOCAL SUPPORT:



Coastal  
West Sussex

**WORTHING HUB,**  
The Gateway, 8-10 Durrington Lane, BN13 2QG

**Tel: 01903 268107**

