



My Medical Passport

This is Me – I have completed the relevant boxes about me

My name is:

I like to be known as:

My diagnosis / conditions are:

These are the names and contact details who supports me:

What is important to me:

My usual behaviour:

My unusual behaviour:

Things that may worry or upset me:

If I am anxious or upset, the best way to calm me is:

This is how I show I am in pain and how you can support me:

This is how I react to strange places:

This is how I prefer to be communicated with:

When you talk to me please ensure you:

I have allergies to:

I take my medication (please specify how often and in what form):